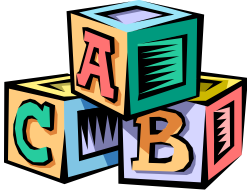


ACTION STEPS: KEEPING MY BABY SAFE

CHILD'S ROOM



- Place your child on their back to sleep to help prevent Sudden Infant Death Syndrome (SIDS).
- Look for the Juvenile Product Manufacture Association (JPMA) sticker on your crib to ensure it has been tested for safety.
- Be sure the mattress and bumper guards are firm and fit tightly in the crib to help prevent a child from getting caught between them and to help prevent suffocation.
- Avoid cribs with cut out designs or decorative posts on the corners to help prevent strangulation.
- Remove hanging mobiles from the crib once your child can reach up and touch them to help prevent strangulation.
- Lower the crib mattress when babies can stand in their crib to help prevent falls.
- Have all baby products close at hand on the changing table to help not having to leave your child alone.
- Make sure all toys are safe for the age of your child to help prevent choking injury.

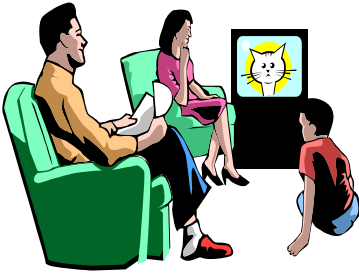
BATHROOM

- Store all poisons and medicines in the original container locked and up high to help prevent poisoning.
- Purchase all medications with childproof caps to help prevent poisoning.
- Do not use infant bath seats to help prevent drowning.
- Stay with your child at all times when bathing to help prevent falls, burns, or drowning.
- If you must leave the bathroom, take your child with you and drain the water out of the tub to help prevent falls, burns, and drowning.
- Have all bath products close at hand when bathing your child to prevent leaving your child alone.
- Place your child facing the faucet when bathing to help prevent hitting their head on the faucet.
- Keep one hand on your child at all times when bathing to help prevent slipping or falls.
- Put non-slip decals on the bottom of the tub to help prevent slips and falls.
- Do not let children climb on the toilet to help prevent falls.
- Keep all electrical appliances away from water to help prevent electrocution.



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FAMILY ROOM



- Install alarms and locks on all doors leading out to a pool or spa to help prevent drowning.
- Keep all matches and lighters out of child's reach to help prevent burns.
- Store all alcoholic beverages locked and up high to help avoid poisoning.
- Place all breakables and heavy objects up high to help prevent injury.
- Secure televisions and heavy furniture to help prevent injury from tipping over.
- Check to make sure your plants are not poisonous to help prevent poisoning.

KITCHEN

- Keep all children out of the kitchen when possible to help avoid risk of injuries.
- Make sure there is a working fire extinguisher in case of a fire.
- Remove all stove knob covers and store one in a locked drawer for use to help prevent burns.
- Keep the oven light on while in use and teach your child when the oven is hot to help prevent burns.
- Store all plastic bags locked in a drawer or cabinet to help avoid suffocation.
- Store all poisons in the original container locked and up high to help avoid poisoning.
- Avoid circle foods to help prevent choking
- Remove all tablecloths and place all hot objects in the center of the table to help prevent scalds or burns.
- Do not put your baby in a baby walker with wheels to help prevent falls.
- Keep all appliance cords out of child's reach to help prevent electrocution.
- Secure all throw rugs to help prevent falls.
- Remove all ice chests and coolers when not in use to help prevent drowning.
- Remove all pet water dishes to help prevent drowning.
- Keep lids on all garbage cans to help prevent poisoning.
- Keep emergency numbers near the phone to help ensure prompt response in case of injury.



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